

# Registration Form 2020

## The Nittany Valley Running Club Rodney Myers Memorial Run Around Egg Hill

10-miler and Relay Race

**Date:** Sunday, April, 5 2020

**Time:** Race starts at 2:30 p.m.. Race day registration 1:00-2:00 p.m.. Kid's race at around 5-5:30 p.m.

**Location:** Spring Mills, Pennsylvania. Located along Rt. 45 approximately 20 miles east of State College. Race begins and ends at the Gregg Township Elementary School. Follow orange signs from Rt. 45. Route follows country roads around the mountain known as Egg Hill. Relay legs are 3.0, 5.0, and 2.0 miles in length. Limited concessions and restrooms are available.

**Race beneficiary:** 100% of race proceeds will benefit the Penns Valley Area School District track and cross country.

### Categories and prizes-

**Solo run:** Male and female divisions in ages 19 and under, 20-29, 30-39, 40-49, 50-59, and 60+.

**Medley relay (2 or 3 runners):** Male, female, mixed, and family divisions.

**Family-** This category is for those running families who would like to compete together. Teams may consist of 2 or 3 runners and be reasonably closely related, ie. siblings, parents, grandparents, aunts, uncles, or first cousins. Let's not have any ringers who claim to be a "third cousin twice removed". That's what the other categories are for and there is no separation of male, female or mixed in this category.

**Prizes:** A race tee-shirt is guaranteed for all pre-registered runners (does not include kids' race), as well as for volunteers. Additional shirts may be available for late and race day registrants, and limited numbers may be for sale if there are extras. There will be trophies for the overall male and female solo winners, and trophies for first place solo age category winners and the overall relay category winners (with a trophy for each team member). There will be medals/ribbons for second and third place finishers in each category. This includes individual medals/ribbons for team runners. A mountain bike will be donated by The Bicycle Shop and will be given away on race.

**Kids' Race:** There will be kids' races in the area of the school for children under the age of 12. These will be held at around 5-5:30 and lengths will be 400 meters for ages 7 and under, 400 meters for ages 8 and 9, and 800 meters for ages 10 and 11.

### Registration fees:

10-mile solo runners: Preregistration until March 20th is \$30. Late registration or at the race is \$35.

Relay teams: 2 person team fees will be \$40 until March 20th and \$45 for late/race day registration. 3 person team fees will be \$50 until March 20th and \$55 for late/race day registration. .

Kids' race: No pre-registration required. Fee will be \$4 for kids race.

Checks may be made out to The Nittany Valley Running Club. NVRC members receive a \$1 discount. For information about joining, see <http://www.nvrun.com/index.php/club/membership>

**PLEASE MAIL THE REGISTRATION FORM BELOW ALONG WITH YOUR  
PAYMENT TO THE ADDRESS LISTED. IF REGISTERING AS A TEAM, PLEASE  
REMIT PAYMENT FOR ENTIRE TEAM (2 OR 3 MEMBERS) ON  
FORM ALONG WITH TEAM NAME AND CATEGORY**

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## SOLO RUNNER

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail (optional): \_\_\_\_\_

Age on race day: \_\_\_\_\_

Male or female?: \_\_\_\_\_

Please circle Shirt Size

**S M L XL**

### Individual

\_\_\_\_\_ \$30 Until 3/20

\_\_\_\_\_ \$35 3/21 - race day

[Waiver](http://keleitzel.com/egghill-waiver.pdf) (print out, sign, and include with registration)  
At <http://keleitzel.com/egghill-waiver.pdf>

Signature of entrant \_\_\_\_\_

Parent signature (if entrant is under 18)

\_\_\_\_\_ Date \_\_\_\_\_

Disclaimer: I understand that a 10 mile road race and Kid's Races are potentially dangerous, and hereby attest and affirm that I am sufficiently conditioned for this event. I will not hold the organizers of the NVRC Rodney Myers Memorial Run Around Egg Hill 10-miler and Relay Race, the Nittany Valley Running Club, Penns Valley Area School District, or any named and unnamed sponsors or any individuals responsible for any injury or damage that may occur while attending or participating in this event.

## RELAY TEAM

TEAM Name: \_\_\_\_\_

Team Contact Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Team Contact Phone: \_\_\_\_\_

E-mail (optional): \_\_\_\_\_

Category: Male \_\_\_\_\_

Female \_\_\_\_\_

Mixed \_\_\_\_\_

Family \_\_\_\_\_

### 2-Person Team

\_\_\_\_\_ \$40 Team Until 3/20

\_\_\_\_\_ \$45 Team 3/21 - race day

### 3-Person Team

\_\_\_\_\_ \$50 Team Until 3/20

\_\_\_\_\_ \$55 Team 3/21 - race day

### Names of team member(s) AND THEIR SHIRT SIZES

\_\_\_\_\_ S, M, L, XL

\_\_\_\_\_ S, M, L, XL

\_\_\_\_\_ S, M, L, XL

**Make check payable to:** Nittany Valley Running Club (NVRC)

**Mail to:** Jodi Butler  
P.O. Box 250  
Spring Mills, PA 16875

Questions? E-mail Scott or Jodi at  
[rodneymysegghill@gmail.com](mailto:rodneymysegghill@gmail.com) or call  
814-880-5104.

## LIABILITY WAIVER

# GREGG TOWNSHIP & POTTER TOWNSHIP

DATE:

IN CONSIDERATION OF YOUR ACCEPTANCE FOR THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, MY EXECUTORS, ADMINISTRATORS, LEGAL REPRESENTATIVES, ASSIGNEES, AND SUCCESSORS OF INTEREST (COLLECTIVELY "SUCCESSORS"), I HEREBY WAIVE, RELEASE, DISCHARGE, INDEMNIFY AND HOLD HARMLESS AND PROMISE NOT TO SUE THE RELEASEES AND THE SPONSORS OF THIS EVENT, THE ORGANIZER AND ANY PROMOTING ORGANIZATIONS, PROPERTY OWNERS, LAW ENFORCEMENT AGENCIES, ALL PUBLIC ENTITIES, SPECIAL DISTRICTS AND PROPERTIES, AND THEIR RESPECTIVE AGENTS, OFFICIALS, AND EMPLOYEES THROUGH OR BY WHICH THE EVENTS WILL BE HELD, (THE FOREGOING ARE ALSO COLLECTIVELY DEEMED TO BE RELEASEES), FOR ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEES' OWN NEGLIGENCE, WHICH I HAVE OR WHICH MAY HEREAFTER ACCRUE TO ME AND FROM ANY AND ALL DAMAGES WHICH MAY BE SUSTAINED BY ME DIRECTLY OR INDIRECTLY IN CONNECTION WITH, OR ARISING OUT OF, MY PARTICIPATION IN OR ASSOCIATION WITH THE EVENT, OR TRAVEL TO OR RETURN FROM THE EVENT.

THIS WAIVER WILL INDEMNIFY AND HOLD GREGG AND POTTER TOWNSHIP OF CENTRE COUNTY HARMLESS OF ANY AND ALL CLAIMS ARISING OUT OF THIS EVENT.

THIS WOULD INCLUDE INJURIES OR DAMAGES INCURRED BY THE PARTICIPANT OR CAUSED BY THE PARTICIPANT.

THIS WAIVER MUST BE SIGNED UPON REGISTRATION. YOUR FAILURE TO SIGN THIS WAIVER WILL RESULT IN BEING DENIED PARTICIPATION IN THE EVENT.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_